



"You can grow in love, only when you put into practice the love in which you have faith. Since you do not practise what you profess, your faith is weakened. A plant will grow only when it is watered regularly. After planting the seed of love, you must nurture it by watering it with love every day. Then the tree of love will grow and yield the fruits of love. Many today do not perform those noble deeds that will promote love. When you wish to develop love for the Lord, you must continuously practise devotion to Him" - Sri Sathya Sai Baba



Region 3 : Waltham Forest Friendship Pilgrimage

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Region 1 Guru Poornima Celebrations

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Region 4: Ladies Retreat 25 & 26 June 2011

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Region 4 : 'Rudra Ekaadhashini Havan' took place in August at Balaji Temple in Birmingham.

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- **Book Review**



Conference on Sai Ideal Healthcare on Saturday 17th September 2011

[Read More below....](#)

Victor Kanu



1928 - 2011

Victor Kanu hailed from Sierra Leone where he was formerly the High Commissioner of Sierra Leone to U.K., Norway and Sweden; Victor also served as the Director of the African Institute of Sathya Sai Education (TAISSE) at Ndola, Zambia.

The Sri Sathya Sai Service Organisation in United Kingdom owes Victor a deep sense of gratitude. It was under Victor's stewardship that the Sathya Sai Education in Human Values Programme blossomed and flourished in United Kingdom. Also, in those early days, Victor and his wife, Genevieve were one of the first devotees to take large groups from United Kingdom to Prashanti for Bhagawan Sri Sathya Sai Baba's Divine Darshan. Many of those children and adults who were closely associated with them have gone on to become leaders in the Sai Organisation, running Centres, Regions and promoting SSEHV throughout United Kingdom.

When Victor's mission was completed in United Kingdom. Bhagawan Sri Sathya Sai in an interview instructed Victor and Genevieve to go to Zambia and open up a school. The couple sold their house to raise money to build and start the school and as you all know the rest is history.

The legacy that Victor leaves behind is both unique and monumental. A Legacy that will never end because it lives on in the lives of the countless children he has taught, loved and guided.

Along with Victor's Educational mission in Africa, Victor was also responsible for bringing medical aid to Africa through the countless International Medical camps that took place in Zambia and the surrounding countries. Victor also championed several water projects, hospitals and social welfare projects. The achievements of this special person are unparalleled. Victor was a special and unique soul and I know his work will always continue.

So let us draw strength from Victor's achievements that light the way ahead. Let us affirm his work will go on, and that those of us who had the good fortune to interact with him will continue the mission and work he had started.

The World loved and admired Victor. Swami loved Victor very much and it is apt that Victor has left us at this time when Swami's physical form is also no more. I know in my heart of hearts that Victor's mission will continue with Prema Sai. Swami is simply setting the stage for the next Avatar and the final phase of His Avataric mission.

Jai Sai Ram !

Shitu Chudasama
UK Central Council of United Kingdom



Dear Sai Brothers & Sisters,

Sai Ram!

Calling all devotees who are youth, volunteers and Health care professionals who enjoy undertaking Service activities under the Sai Organisation from International Medical Camps, Health Awareness Clinics and other Medical or Health related activities.

You are invited to attend a National Conference on Sai **Ideal Healthcare** on Saturday 17th September at the University of Reading from 10.00am – 4.00pm.

The aim of this conference is to bring together all Sai devotees who have been actively engaged and have taken part in the many Healthcare, Medicare and Sociocare activities over the past several decades within the Sai Organisation in United Kingdom. If you have attended any of the numerous International Medical Camps such as Zambia, Russia, Sri Lanka, Youth medical camps etc...we would like you to attend this National Conference. Furthermore if you are actively engaged in supporting any other Healthcare project or work as a healthcare professional: Doctor, Optician, Pharmacist, Dentist Psychologist etc.. It is important that you also attend.

The outcome of the conference will be to increase our Medical and Healthcare Service activities both in this country and Internationally so that we can take Swami's teachings and message into the community through this medium.

The day will consist of inspiring talks from some of the best speakers we have in the United Kingdom including Dr Upadhyay, Dr Puvanachandra, Dr Mahesh Narayan to name a few.

Many of you know that along with Education, providing adequate Healthcare was very important to Swami. **We must all promise to ensure that this legacy and the great work He started continues.**

Countless Sai devotees around the world are actively engaged in Loving all and serving all. This Conference will provide an opportunity and platform to all devotees and non devotees in this country to get more involved in these projects and help bring peace and happiness into the lives of countless people.

If you have not registered already. Please register by going to the following site:
<http://www.srisathyasai.org.uk/saihealthcare/>
or contact the National Service Coordinator: Gayatri Bikoo (saihealthcareuk@srisathyasai.org.uk) if you have any questions.

We look forward to welcoming you on the day

Lovingly

Shitu Chudasama
National Chair



Region 1 (London - South East & West)

Gurupoornima day: Hosted by Bromley Centre:

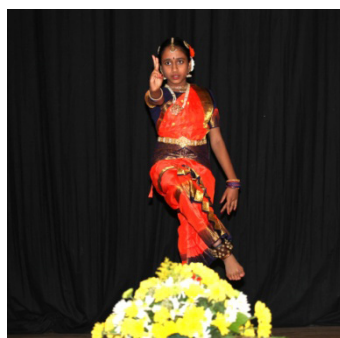


The Evening started off with the lighting of the Lamps performed on the ladies side by Respected Guest Mrs. Rajes Sivayogan and on the men side by Dr. Siva Sivathanasan. The Balvikas children then walked in Procession to Swamis Chair where they offered flowers to Him and one child said a beautiful prayer thanking Him for all their blessings and hoping that he is happy in heaven.

Next was the Vedic Chanting including the Shri Guru Stotram chanted by the Sai brothers and Sisters. Multifaith Prayers were said and then followed the Opening Bhajans sung by the Balvikas (SSE) Children.



The next item was a speech given by one of the Bromley Centre brothers, the topic was "A Reflective Journey". Some of the children performed 2 Songs which they had composed themselves – one being ingeniously sung to the tune of YMCA but we all sang BABA, this was enjoyed by all, and then some Poems dedicated to Swami were recited.



The Second Speech was given by Our Guest Speaker Brother Partish Dubey – one of Swamis Students and his topic of "The Eternal Guru" kept us all focused and again was enjoyed by everyone.

This was followed by a wonderful Shiva Dance performed for us by one of our Balvikas children and also a Music ensemble was given by Dr. Sharavanan Jeyanathan accompanied on Tabla by Brother Sai Balakrishnan. Spiritually uplifting Bhajans were sung by the adult members to close the evenings programme followed by Prayers and the Aarti which was performed by Brother Partish Dubey. After thanking Swami for the evening we all took delicious Prasadam that was lovingly prepared by some of the Sisters.

All centres and groups in the Region also celebrated Gurupoornima day with Bhajans and talks

Region 1 Young Adult Programme (YAP)

This programme is held every month on the 3rd Friday, between 7pm to 9pm. Youth in Region 1 meet to discuss various spiritual and practical issues facing youth of today.

Young Adult programme (YAP)- 19th August 2011

On the 19th of August the youth of region 1 congregated for their monthly study circle. This month the theme was a feedback session by some of the fortunate youth who participated in the World Youth Conference that took place in Prashanthi Nilayam on the 13th and 14th of July 2011. Not only were the outcomes of the conference discussed but also feelings of being in Prashanthi Nilayam without the physical presence of our beloved Lord.

The informal discussion, structured around a slide show presentation highlighting key points raised at the conference was discussed. A focal point was the forward movement of the Sai organisation and the importance of using the youth to bridge gaps between the different wings that make up the organisation. These youth were also present for the auspicious occasion of Guru Purnima where on this day the Mahasamadhi of Bhagawan Sri Sathya Sai Baba was unveiled. They each spoke about their personal experiences from this day and their time in Prashanthi Nilayam. The general consensus was that Prashanthi Nilayam is still the most peaceful place they have ever been and Swami's presence is still truly felt, these youth encouraged that everyone should all venture to Prashanthi to seek the blessings of the Mahasamadhi and pictures that we have seen via access to the internet and other means do not portray its true beauty. Soon after, a discussion about how to improve our relationship with Swami was mentioned, where one youth suggested we should remember that Swami is the doer and we are just the instrument.

Another youth raised an important point stating he felt this was incorrect because by saying swami is the doer and we are the instrument we are separating ourselves from Him. Thus, we should always remember that Swami on many occasions has emphasised this by addressing his devotees as "the embodiments of love", "the embodiments of divine atma" and "the embodiments of Brahman".

Overall, all youth felt uplifted by the evening's discussion and felt privileged to hear their fellow brothers and sisters experiences. At this meeting few adults (current and ex regional and national post holders) were present and they too gave their experience of Mahasamadhi". YAP is a monthly programme hosted by the youth of region 1 and all youth are welcome. If you are interested in attending please email region1saiyouth@hotmail.co.uk for more details.

Jai Sai Ram.

Region 8 (Scotland)

UKCC Meeting and Glasgow Sai Centre Satsang

On Saturday the 3rd September 2011, the UK Central Council held its quarterly meeting in Glasgow, Scotland. The meeting was held in the Maryhill Community Centre and was followed by a Sai Satsang. Devotees attended the Satsang from all over Scotland, Aberdeen, Edinburgh and Glasgow Sai Centres.

The aim of the Satsang was to give an opportunity for devotees from Region 8 and members of the UK Central Council to meet and interact with each other.

The programme started with Rudram chanting and the atmosphere was charged with positive vibrations which set the stage for the talks given by four members of the UK Central Council.

Dr. Bhaskar Ram, the Region 8 Chairperson introduced the speakers. The speakers spoke of their intimate experiences with Swami and the importance for devotees to have faith and confidence.

The speakers were: Mel Griffin, the National Vice-Chair, Kiran Patel, the National Secretary, Vidyulata Narayan, National SSE coordinator and Dr Veeru Rao, the National Spiritual Coordinator. Each one captivated the audience with vivid recollections of their experiences with Swami.

Finally, the National Chairperson, Shitu Chudasama thanked the region 8 devotees for their hospitality and the programme closed with Arati and Mahaprashadam.

Region 3 (London - East & Central)

Waltham Forest Friendship Pilgrimage – 30th July 2011

The 30th of July marked the inaugural Waltham Forest Friendship Pilgrimage – a walk organised by the Women's Inter-Faith with support from Walthamstow Sai Centre to celebrate and promote understanding between the many faith groups active in the borough.

By 9am that morning, a band of hardy pilgrims from all faiths and backgrounds, including a contingent of Sai devotees had begun to gather outside the Ganesha Temple in Walthamstow where the walk was pencilled to start. There was no percussion however. Nor even the customary placards one may expect to accompany events of this sort – only a quiet chatter that gave away an air of excitement new to these parts.



Inside the temple, we were greeted by blessings from the priests with vibuthi and dollops of Kumkum and sandalwood paste, as well as an impassioned speech by a young lad who recounted his own faith journey as a Hindu. And on his stirring, concluding note, "Ambe Sivam, Sivane Ambe" – God is love, love is God – we marched on, united in spirit.



Before long, lunch had arrived, by which time we had already visited a Catholic Church, a Buddhist Temple and a mosque, all within a mile. The mayor too paid a brief visit, showing his support for the event, and with us, listened to the remarkable faith stories that were shared; each revealing a different road towards that same ultimate end, and each a snippet of that One Glory.



After a light lunch, courtesy of the local mosque, we plodded onwards in the heat of the afternoon, like wanderers in some sacred land. But this of course was not Mecca, or the Vatican or Tirupathi for that matter. And yet here in this little known pocket of East London were Muslims, Hindus, Christians and birds of all feathers flocking together. One could only wonder. Perhaps at no point in history could so many places of worship have been concentrated in so small a space. Indeed the world was at our doorstep, and so too the words of all the scriptures and prophets of all the ages. These were blessed times.



A few more stops and by dusk we had reached the final call in our pilgrimage – the local Gurdwara in Leyton, in time for the closing worship when the Guru Granth – the holy book and living Guru was carried away for its nightly repose. But deep down we knew this was not the end. The walk, after all was symbolic.



The real pilgrimage would go on in our hearts, throughout our life and perhaps over lifetimes in each of our contacts with other beings. And consciously or not, we like all beings – believers and sceptics, man and beast were all pilgrims in the search of complete fulfilment.

Thanusan Bala – Walthamstow Sai Centre

Region 4 (Midlands)

Ladies Retreat 25 & 26 June 2011

What a lovely weekend was had by 95 ladies of Region 4.

The weekend started in the main hall with devotional singing and an introduction/ice breaker by the Regional Ladies Co-ordinator.

The guest speaker for the morning was Jane Goldsmith, Queen of Development, Akoanso, Ghana. She talked about reconnecting and her journey back to meet her family in Ghana she never knew, and her charitable work in the village of her family ancestry. There was a very inspiring presentation and speech on Law of attraction of positive thinking by Geetika and Dr Modi, and personal experience by Dr Modi's mother.

Then lunch was brought by all of the ladies attending the Retreat weekend. It was fabulous and there was variety of food as usual.

The second half was dedicated to prepare the play and study circle on selected famous women. The evening plays were fantastic, very interactive, and lots of fun was had, but the important messages were portrayed very well about how women are important in our Community and World.

The following day the ladies awoke for Suprabhatum, devotional singing at 5am and early morning Yoga with Yoga Team Indi and Geetika.

In the morning we had a talk on Awareness in Visual Impairment and we understood different kinds of blindness and communication methods. Manishaben (R4 Ladies Wing co-ord) brought in some special type writers called Brailers. It made us really appreciate all of the gifts that Swami has given for us to See, Hear, Touch etc. Gargi explained how she trains guide dogs, and a devotee who is totally blind gave a very touching speech on her own experiences which brought tears to many eyes.

We then had a short talk by Bhartiben (former Sai Student) on Swami which was most inspiring.

Before lunch, workshops were attended and this gave the ladies something different to do they normally do in our centres. These were Creative Visualisation, Games, Charades on chosen quotations, Colour Therapy and Re-connecting our light.

The departure with emotional goodbyes to each and everyone was the hardest part for all. We hope to do all over again in next retreat.





Rudra Ekaadhashini Havan

With the ever flowing Grace of our Beloved Bhagawan Sri Sathya Sai Baba, 'Rudra Ekaadhashini Havan' took place on Sunday 7 August at Balaji Temple in Birmingham.



With the blessings of Bhagwan the Yagna was performed by Rithwicks and Priests chanting Rudram (Namakam and Chamakam) with sincere devotion to Lord Sai Shiva.

The Program commenced at 8.30am, a Lingam was brought especially for the purpose of conducting Rudra Abhishekam.

The hall was beautifully decorated in a traditional way with fresh flowers, havan kund and kalashams. The main stage for Swami had also been decorated with fresh flowers and also an arch had been decorated where Swami's chair was placed. Traditional lamps were lit on the main stage.

The programme started with the procession of bringing in the Shiva Lingam from the Shiva temple which was later placed in the Yagna hall. While the procession was going on the devotees were chanting Purushasukta and Shiva Mantra

which created very high vibrations all over. All the priests and devotees were already seated in the hall. After the lingam was placed the Ati rudra Maha yagna welcome song was sung by the youth.

The Yajna began at 9.00 am. It began with the Ganapati Pooja "Atharvashishyam" which was vigorously followed by all. The installation of the Kalashams and the Lingam Pooja were also performed. The 11 Kalashams were decorated by fresh garlands.

A welcome speech was given by one of the organisers and a brief overview of the programme. Later there was a speaker Mr. Krishna Subramaniam (Sai Student) who explained the importance of Yagna and the meaning of Rudram which was chanted during yagna.



The Lingam was treated as a living God. Water, fruits and flowers were offered to it. The abhishekam was done with milk and water. Ghee was offered with a wooden stick and the "samiths" (small wooden sticks) were poured and cast into the altars. Then the Sai Gayathri was chanted. While the Yagna was performed the 11 boys chanted the namakam and chamakam for 11 times. Also, the couples had been given the opportunity to sit by the Yagna for each round of rudram. The couples were also given fruit prasadam by the priests.

All the elaborate rituals were finished and poornahuti was done around 1.00 pm. All the devotees had an opportunity to offer the bilva leave to the Shiva Lingam.

After the programme, prasadam was distributed to all the devotees and Bhajans were carried on while the devotees were having prasadam.



There were two guest speakers Dr Veeru Rao (Sai Student) who shared experience about Swami and the second speaker Dr Rao who is a great devotee of Swami and a trustee of Balaji temple who also shared his thoughts about Swami and how Swami has blessed the plans of the Balaji Temple before it was built.

In the afternoon, a beautiful musical programme was organised by the youth who sang devotional songs and Lingashtakams. The programme was concluded by Aarti.

Region 6 (South England)

Region 6 were fortunate enough to serve the local community of Farnborough by setting up a valuable Health Awareness Clinic. Volunteers and medical professionals from across the region united in offering their humble and loving service to the community.

On the day of the event, a great sense of oneness was felt amongst the volunteers and everything seemed to fall into place smoothly. The morning witnessed a thorough and organised set up. Although a calm tone filled the air, subtle vibes of apprehension were also felt. This was in part due to the floating thoughts of curiosity. How many people would turn up? Will this event really benefit the community?

Unsurprisingly, in an effortlessly clever Bhagavan way, groups of people came flocking in – even before the event had officially commenced. As these individuals walked around the various medical stalls, from the GP and Dentistry section to the Optometry room to the Healthy Diet and Eating area, the value of the clinic was becoming ever more apparent.

Dr Nanjoyt Ladher, an advising GP on the day said: “making an active effort to reach out to the most vulnerable sections of society has been really worthwhile. With many of these patients not registered with their local GPs or dentists, they have not been able to get medical advice – and therefore have been suffering silently. Today however, they were able to voice their concerns, with the help of the wonderful translators.”

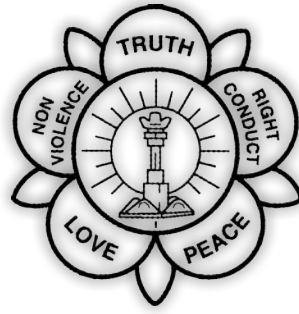
This event was predominately attended by the Nepalese community, with the average age of attendees reaching the 60 mark. The gratitude they felt was captured in their eyes whilst they waited patiently and eagerly to be seen by the medical professionals. Amongst other heart-warming comments, one attendee remarked that they wanted to attend another clinic in six months time. These patients had previously struggled to communicate their problems as most of them have very little fluency of the English language. Breaking the language barrier ensured that they were no longer deprived from the much needed medical support. The medical volunteers were able to write referrals and attentively listen to their problems. With the many services offered to them, there really was something for everyone. Services on offer included Blood Pressure checks, Blood Sugar checks, Eye Screening, Dental Screening, Oral Hygiene, BMI, Health Eating and Diet, GP Advice, Exercise and Smoking Cessation (PTC) stalls.

Another wonderful feature of the day was the inspirational talk delivered by Dr Sabby Kant; a beautifully simple, clear and informative talk. With the help of an animated translator all eyes were on the presentation as they carefully listened to the talk which focused on Heart Attacks. The event was truly successful, firstly demonstrated by the level of attendance (approximately 200) and in the quality of the service offered by the hardworking volunteers and medical professionals. At least 45 referrals were made - mainly in connection with high blood pressure.

Moreover, the persistence and loving attitude of the volunteers ensured that this event was successful operationally and in terms of supporting a worthwhile cause – a cause that will continue to inspire Region Six to work on similar projects again.



The Abode of Bhagawan Sri Sathya Sai Baba



SSSCT/2011/23

The Abode of Bhagawan Sri Sathya Sai Baba

Prasanthi Nilayam, August 30, 2011: Recently there have been several enquiries from devotees, particularly from overseas, desiring to know which location of Bhagawan in India is most appropriate for their pilgrimage.

Bhagawan's Mahasamadhi is in Prasanthi Nilayam. The term 'mahasamadhi' here refers to the place of departure of an Avatar from His mortal coil. Such a place has profound significance in various faiths.

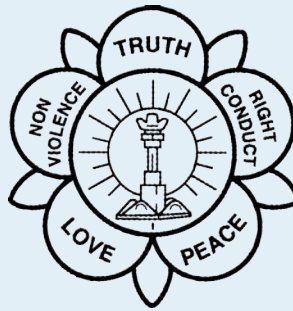
In some Muslim traditions, the holy tombs of saints are believed to be repositories of spiritual power where prayers would be particularly effective. Many scholars have noted that Buddhist communities were involved in relic and stupa (structure containing Buddhist relics, typically the remains of the Buddha) worship after the death of the Buddha. In the Javanese belief system, cosmic forces are believed to be constantly present at the holy tombs. Even in the Christian religious tradition, some believe that the saint in Heaven is present in his tomb on earth. In Hinduism, the tomb or mahasamadhi of a realized saint is regarded by many as having an incorporeal presence. In fact, the Upanishads state: "na tasya prana utkraamanti", meaning that the pranas (life forces) of the saints do not leave their body to take up another, since the individual self has merged with the Totality. Shirdi Sai Baba had reportedly said, "Believe Me, though I pass away, My bones in My tomb would be speaking, moving and communicating with those who would surrender themselves whole-heartedly to Me. Do not be anxious that I would be absent from you. You will hear My bones speaking and discussing your welfare." Thus, the remains of the holy persons is revered and given great importance by faiths all around the world.

Indeed, Bhagawan Baba's abode is the entire Universe. However, He took a physical form at Puttaparthi and spent 85 years of His earthly sojourn at Prasanthi Nilayam as His primary home. Other places in India and other countries will continue to be the centres for their particular activities as guided by Bhagawan, who is present wherever His work is done, wherever His glory is sung, and wherever His Name is uttered. However, Prasanthi Nilayam is the location of His Holy Shrine or Mahasamadhi and will continue to be the Centre of Bhagawan's Mission.

This clarification is being issued to remove all doubts in the matter and to state the official position of the Sri Sathya Sai Central Trust, Sri Sathya Sai Seva organisations, and the Sri Sathya Sai International organisations.

Prof A. Anantharaman
(Media coordinator, Sri Sathya Sai Central Trust)
Prasanthi Nilayam, Puttaparthi,
Anantapur, AP - 515134





Dear Healthcare Professionals,

On behalf of the Sri Sathya Sai Service Organisation (UK), it gives me great pleasure to invite you to attend a Conference on **Sai Ideal Healthcare** on Saturday 17th September 2011, , 10am to 4pm, Henley Business School, University of Reading, Whiteknights, Reading RG6 6UD, For Sat Nav – please use the postcode RG6 6UR.

The principles of Sai Ideal Healthcare can be summarised as follows:

- Healthcare should be available to all people.
- Economic considerations should not prevent anyone from receiving the highest benefits of healthcare.
- Healthcare should be delivered with love and compassion.
- Healthcare should include treatment of the body, mind and spirit.
- Prevention should be a primary focus.

Bhagawan Sri Sathya Sai Baba has inspired millions around the world to participate in humanitarian work based on love and compassion. The Sri Sathya Sai Service Organisation (UK) has been at the forefront of conducting these activities both nationally and internationally in the field of healthcare over many decades. Through this conference, we are hoping to raise awareness and inspire delegates to support and participate in these service activities to enhance and provide optimal medical care with love, compassion and empathy. I hope you will attend and participate in this conference.

Principles of Sai Healthcare:

Healthcare should be available to all people and delivered with love and compassion and should include treatment of the body, mind and spirit. Economic considerations should not prevent anyone from receiving the highest benefits of healthcare. Prevention should be a primary focus.

Who Should Attend:

If you are a doctor, nurse, dentist, optometrist, allied health professional and a medical or nursing student and want to be part of a health care community striving to deliver better health care and looking to gain valuable experiences both at national and international level, then this conference is a must-attend event for you.

**Please complete your on line registration by [Friday 9th September 2011](#) .
To register, click on the following link**

<http://www.srisathyasai.org.uk/saihealthcare/>

For further enquiries please contact: Gayatri Bikoo, National Service Coordinator on 07984 792 109 or saihealthcareuk@srisathyasai.org.uk

We look forward to welcoming you on the day.

Lovingly, In Sai Service

Shitu Chudasama
National Chairperson



SRI SATHYA SAI SERVICE
ORGANISATION UK

NATIONAL SSE CONFERENCE

OPEN TO ALL
INVOLVED IN
SATHYA SAI
EDUCATION
IN THE UK



DATE: SATURDAY 29TH
OCTOBER 2011

VENUE: SAI MANDIR
131-133 EFFRA ROAD,
WIMBLEDON, LONDON,
SW19 8PU

TIME: 10:00AM - 5:00PM
(REGISTRATION FROM 9:00AM)

To register go to:
[www.srisathyasai.org.uk/
nationalsseconference](http://www.srisathyasai.org.uk/nationalsseconference)

ON THE THEME OF:

LIVING WITH GOD IS EDUCATION,
LIVING FOR GOD IS SERVICE,
LIVING IN GOD IS REALISATION.



GUEST SPEAKERS:

**BROTHER NIMISH PANDYA
& SISTER KAMALA PANDYA**



Brother Nimish is
the President of SSS
Seva Organisation,
Mumbai and a member
of the Council of
Management of SSS
Trust, Maharashtra

and National Council of SSS Schools, India.
Sister Kamala Pandya has been a Bal Vikas Guru
since the tender age of 17 and is presently the
Deputy National Co-ordinator for SSS Bal Vikas
Education in India

SCHEDULE FOR THE DAY:



TALKS



PANEL DISCUSSION



INTERACTIVE SESSION



SSE ALUMNI OFFERING



GROUP DEVOTIONAL SINGING

For more information:
Sister Vidyū Narayan
(National SSE Co-ordinator)
ssewing@srisathyasai.org.uk
Tel: 07787 161141

Sri Sathya Sai Book Shop UK - Review on Books

The book title: **You are God**

Author: **Dr. M. N. Rao**

Published by: **Sai Towers Publications** – Main Street,
Prashanthi Nilayam Puttaparthi

Review: -

This book is a mixture of very interesting personal experiences and deep spiritual wisdom gathered by the author from his closer relationship with our beloved Baba.

The author Dr. Rao – currently retired – was an academician who specialised in the health services having graduated as the best student from Andhra University of India. Dr. Rao has been a permanent resident of Prashanthi Nilayam since 1982 and has already authored three books on Bhagawan Baba which have been translated in seven languages which include five International languages including English. The centre of attraction and the main star of this book is none other than our beloved Swami.

The content of this book carries **three separate parts**: -

(1). This part is all about our beloved Lord Sri Sathya Sai Baba as seen and perceived by the modern man.

(2). This section deals with our Swami's divine mission and the purpose of His birth as a human being.

(3). The third part is about you as the devotee as seen by our Swami.

This book which I may call a spiritual manual describes in detail how mankind can improve not only himself but doing so improve the world around him and thereby become a worthy instrument and a messenger to work with the Avatar to full-fill the divine mission. The book expands in to deeper realms of spiritual meaning and the significance of various activities we are engaged day in, day out as Sai devotees.

As you read on you will find that the author also traces the history behind various important places that features the life and mission of our Swami – such as the various Institutions of education, buildings, hospitals and places of interest such as the wish full-filling tree etc - some of which I must confess that I read for the first time. Many of Swami's discourses with rare messages have been included in this book and reading them now, I personally found it conveying the divine message of our eternal Lord more strongly.

The three parts as mentioned above have the following chapters: -

Part: 1 God

1. His story
2. His Divinity
3. The Divine Educator

Part: 2 Our One World

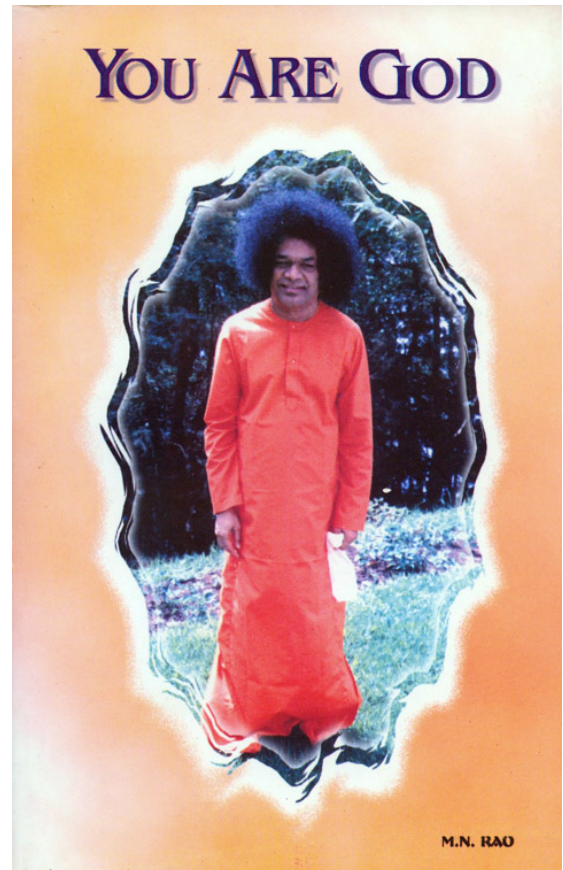
1. Spiritual Headquarters
2. United Nations and United mankind
3. Spiritual Ambassadors on the world stage

Part: 3 You

1. Your Life and Life cycle
2. Scriptural ideals and social norms
3. You have the key to the world peace

I enjoyed reading this book and recommend the same to all ardent Sai devotees – I am sure you will love this book and want to read it again which I have begun now.

Raj Selvakumar





Websites

www.srisathyasai.org.uk	Sri Sathya Sai Service Organisation (UK)
www.srisathyasaibookcentre.org.uk	Sathya Sai Bookshop (UK)
www.sathyasai.org	International Sai Organisation
www.sathyasaischool.org.uk	<p>Sathya Sai School Independent Nursery, Primary and Secondary school</p> <p>Sathya Sai School, Bede Island, Narborough Road, Leicester LE3 0BT Tel: 0116 254 6400, Email: office@sathyasaischool.org.uk</p>

UK Regions

Region 1	London - South East & West
Region 2	London - North East & West
Region 3	London - East & Central
Region 4	Midlands
Region 5	North England
Region 6	South England
Region 7	South West Counties of England & Wales
Region 8	Scotland

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