



The Cosmic Presiding Deity

Dear Readers, Sai Ram!

This month's issue of 'Love and Light' has articles on just some of the wonderful Birthday celebrations held around the country! What a month November was - with the extraordinarily auspicious 'Yagna of the Purna Avatar's Thousand Moons' occurring under Swami's personal direction and taking place at Puttaparthi in the Sports Stadium, closely followed by his 83rd Birthday celebration! We cannot begin to imagine or to know what amazing mystical vibrations this great Yagna has released into the world and into the consciousness of humanity for its upliftment...

You will read in this issue of the trial Office Bearer Training that took place in Region 1 and see how feedback on the day has caused your Council to rethink its language and rename this event to be more widely welcoming. The Handbook has materialised and taken off, and, from 500 copies printed two weeks ago, there are only about 120 left! Both these items ('OB Training' and the 'Handbook for OBs') are part of an intentional initiative on the part of your UK Council to provide information and empowerment to all members of this Organisation. They are also part of deliberately clearing away outmoded perceptions of ego and power from the image of official posts. Posts that actually enable the Organisation to run on a day-to-day basis and achieve the great things that it does.

The future 'Key Actions' that were defined at our Vision weekend will be shared with you all at our National Conference 2009. They are the first to be defined since the 'Nation Building' paper of NOBC 2003. The Vision Weekend itself replaces the previous 'Strategy Weekends'.

BISSE is kindly developing some 'Conflict Resolution' and 'Non-violent Communication' Workshops for us to use wherever there is a need in the Organisation and the BISSE team is also refining its Parenting Workshop format for use in Centres and Groups. These three BISSE initiatives are all formulated around the 5 Human Values and therefore go to the heart of any issue.

**Love and Light,
Rosemary Perry, National Chair**

National Conference 2009

"The Pilgrim, the Path and the Goal."

Saturday 31st January 2009

As usual, it is hoped that as many Office Bearers as possible will attend this year's National Conference but it is also entirely open to every member of the Organisation.

This year's conference title theme (above), that our Guest Speakers will explore, comes from part of a Discourse (extract below) given by Sathya Sai Baba on 24th February 1971:

"The Avathaara-purusha, however, has come solely to save mankind, and so, He is aware of the pilgrim, the path and the goal. He is the Master of creation and He is fully conscious of his power. He knows the past, the present and future of all. He leads and liberates.

The mind is the source of delusion; it deludes and binds. If the mind is subjected to the intellect then it disintegrates and disappears, leaving the field dear for the illumination that reveals, "we and they are but He or It." As long as the world is seen as manifold, Sadhana, to overcome the faulty vision is essential.

In the deep sleep stage, the senses do not work; one is immersed in the 'I' consciousness only; that is to say, one is in Samadhi, (the state of bliss). Only, one is not aware of it, at the time.

There is just a trace of ignorance. During the waking stage, there is knowledge, but no Ananda (bliss). In deep sleep, there is Ananda, but no knowledge. That is why it is said, liberation is attained the moment one is able to fix himself at the point where there is the experience of both 'jaagrath' and 'sushupthi' (waking and deep sleep)."

Venue:

**Broxbourne Civic Hall
High Street, Hoddesdon,
Hertfordshire
EN11 8BE**

This venue has the capability of seating up to 550, as the main hall is very large. Therefore to maintain comfort and to assist food service (there is no dining hall but a large lounge) we shall restrict attendance to 400.

Please use your initiative to distribute this monthly newsletter as widely as possible to all devotees and interested parties.

Guest Speakers:

Following on from the wonderful reception you gave to Dr Thorbjørn and Mrs Marianne Meyer at this year's National Conference, we feel delighted to announce that our Guest Speakers for 2009 will be: Dr Samuel and Mrs Sharon Sandweiss!

Here is a little about them both:

Samuel Sandweiss, M.D., has been a practicing psychiatrist for over 40 years and is currently living in San Diego, California USA. He has been a Medical Director of a psychiatric clinic and has taught at the University of California San Diego School of Medicine in the position of Assistant Clinical Professor in the Department of Psychiatry. He has been a consultant to the Kidney Dialysis and Transplantation Program at the Univ. of California San Diego School of Medicine, and has consulted with geriatric programs and with Hospice.

He has written three books about Sathya Sai Baba, 'Sai Baba: The Holyman and the Psychiatrist', 'Spirit And The Mind', and the recently published 'With Love, Man is God'. He has served on the Sathya Sai Baba Council of the United States since its beginning in 1975. Dr. Sandweiss has been interested in the relationship of spirituality and psychiatry and how spiritual practices affect the mind and expand consciousness and love.

Sharon Sandweiss has been a high school teacher and has been an advisor/coordinator for the Sathya Sai Young Adult Program in their region. She was editor of Sai World Newsletter, a newsletter for Sai children ages 6-13.

Dr. Sandweiss and his wife Sharon, have hosted a Sai Baba Centre for over 35 years and they oversee Birth Day Publishing Company, which publishes books about Sai Baba by Western authors. They have a lovely family of four daughters who have had wonderful experiences with Swami. They have spoken about Sai Baba to audiences in many countries including Canada, Mexico, North, Central, and South America, England, Italy, Denmark, Holland, Germany, and Russia.

Conference 2009 will also include a film and other reports on our 2008 activities, a forward look at our main objectives for the near future together and three very interesting presentations by the graduating SSLTP candidates who have been working upon three projects that are of very real value to the day-to-day running of our Organisation plus other presentations relevant to our Organisation.

Registration and Cost:

Regional Chairs have already circulated Registration Forms to your Centre and Group Chairpersons for you to complete and return.

We want to run a simple, cost-efficient conference and we have managed, by changing venue, to lower the £20 charge of previous years to £15 and, if at least 300 of you attend we can run a 'zero-balance' conference. We know that this is something that you will really appreciate ...but it can't happen without your support.

We Want You!

Your commitment and support will enable everyone attending to enjoy what we hope will be a marvellous day of celebration and looking to the future! Also, your immediate response in booking would help considerably...

National Conference 2009 PG

'Handbook for Office Bearers' Released

With Swami's Grace, this useful companion to the 'Organisation Manual' (it is identical in size and visual format to the Manual) was finalised and at the printers with the first copy of the 500 off the press by its deadline date of 23rd November 2008 - and we had orders of 350 booklets already in place. It sells at £2 each and has 52 pages, metal spiral binding, and is accompanied by a 'Resource CD' held in a pocket inside the back cover that has over 30 documents upon it. The first batch of booklets was delivered to the R1 Office Bearer Training day on 29th November.

There are only 120 now not spoken for, and it is planned to put these for sale on the Sathya Sai Bookshop bookstall at the National Conference 2009. If there is still a high demand after that, we shall look into printing more copies.

It is felt that the usefulness of this booklet is increased by it being in professionally printed form ('hard copy') rather than being kept as a document on your computer or as a stapled printout.

Thanks go to all of the Regions' Centres and Groups that contributed the valuable feedback, questions and comments that shaped the book.

UKCC

Region 1

The pilot session for Regional level office bearer training days was held on Saturday 29th November 2008 and was attended by 65 assorted Regional, Centre and Group Office Bearers - both 'current' and 'shadow' and also by some 'active' and 'interested' members. Nine members represented the current UKCC: The four National Wing Coordinators, the National Chair, the National Vice-Chair, the National Secretary, two Regional Chairs plus two future Regional Chairs for 2009.

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The day began by gathering any issues that those present wished to see addressed in the course of the day.

The National Chairperson, Rosemary Perry, began the sessions by giving a presentation on: 'How to Keep Yourself Centred in a Centre', focussing on difficult times in a Centre where the Chair or other Office Bearer needs to step in or mediate between people. Emphasised were: spiritual skills, such as *empathising* with the person or persons, the *power of offering the situation to God* with the question, "What would you have me do?" and the act of *consciously believing and manifesting that the person with whom you are talking is genuinely divine*.

The Chair of Region 1, Raj Rajasingam, spoke next, about the qualities required to be an Office Bearer (OB) in a Centre or Group and described the challenges that may be faced and the roles and responsibilities to be assumed.

The National Secretary, Kishor Kumar, gave a presentation on 'Continuity for Our Stability' describing the process by which OBs are selected and by whom. He emphasised the importance of selecting OB successors about one year before changeover date to give time for the 'shadowing' process, where the current OB works in tandem with his/her successor keeping them informed about significant communications, so that they are updated and well informed when they do take over.

Members of Region 1 had prepared several items for the day's programme that were relevant, fresh and lively. Foremost of these was a presentation on 'Communication' that covered all aspects of how we communicate and the various pitfalls of email communications!

R1 had put together superb short pieces of film with Swami's own words on various Organisation and OB aspects including the initial Charter statement by him.

As the day progressed we could see and feel that there was an emerging sense of all the items dovetailing beautifully - with evident synchronicities - though the items were all devised and independently brought together for the day!

There were workshop sessions during the day on some four 'case studies' for the two working groups. In two sessions the groups each tackled all four of the subjects and then everyone came together to share the comments and general thinking that had been collated. They worked very well like the Study Circle format that always encompasses every aspect of a topic.

Shitu Chudasama, National Vice-Chair, spoke in a creative way on 'Working with Wings across Wings' and this was then followed by concise presentations by each of the four National Wing Coordinators, Lakshimi Puvanendran, Bharat Handa, Raj Selvakumar and Mathan Arulvel.

Each Wing's talk had a piece of film with Swami's words on that Wing following it. At the close of the section, the film and quotation from Swami reflected Shitu's earlier analogy symbolising the Wings collaborating like the fingers of a hand working together - but in a completely different symbolic quote about the fingers of the hand working together!

The day ended after a useful presentation by the National Chair on how to deal with media enquiries and showed the Organisation's protocol on this and it touched too, upon the need to use fresh language when talking about our Organisation and how not to lapse into commonly repeated statements and phrases like: '...Taking Swami's Message out!' that become lacklustre and transmit less vibrancy and meaning through overuse.

Suggestions were captured and earlier issues tackled. One important point was that the words 'Office Bearer' put people off attending an event - even if it is open to all...

The Council has taken this on board and has immediately changed the name of any future similar days to 'ROAD Shows' - where 'ROAD' is an acronym for 'Regional Organisation Awareness Days' (!)

Hopefully this will attract more people, as it is the UKCC's dedicated intention to empower and inform all members of this Organisation so that OB posts are easier to take on and the perceived concepts of any 'egoistic elite' or 'haughty hierarchy' are dissolved into real UNITY ...right through this sacred United Kingdom Sri Sathya Sai Service Organisation.

UKCC

Region 3

On the 23rd November 2008, Region 3 celebrated Swami's 83rd Birthday at the Nagrecha Hall in Leytonstone, London. The objective of having joint celebrations was to embrace the idea of Unity amongst local centres, to bring them closer, and to have more 'joint celebrations', and, this is exactly what happened! The programme started with the mesmerising chanting of the Vedas, followed by the recitation of multi-faith prayers. This was vibration continued with uplifting Devotional Singing / Bhajans.

There were several items presented in the programme: A drama on the life and times of Easwaramma that was depicted by the Ladies

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of all ages. This drama reminded us all of how Swami fulfilled his mother's wishes entirely, both within and outside of Puttaparthi. The drama also had outstanding support from the youth choir in the form of intermittent heart-rending Devotional Singing / Bhajans, in addition to occasional video flashbacks showing scenes from Swami's life. A dance item followed that depicted scenes from the life of Lord Krishna as well as paying a tribute to Saraswathi, the Goddess of Learning.

There was also a DVD presentation on the various Centre and Regional activities. No doubt, the audience became more familiar through seeing this, with what is happening within Region 3.

Having had an array of songs, a drama, and a dance, the only remaining treat was a speech - and Sri Krishna Subramaniam, a former student of Swami's Institute of Higher Learning in Prashanti Nilayam, executed this with precision. Krishna brought Swami's message in a simple but most thought provoking and emotionally moving way reflecting on his own times and experiences of living in the divine midst.

The highlight of the event was the cake cutting and almost all the young children were called onto the stage for this and the wonderful event came to a close with the offering of the Arathi and the distribution of Prasad as people were leaving - no doubt it was a day to remember for everyone...

Sunthar Uthayanan, Chair Region 3

Region 4

November's Activities

November was filled with activities and celebrations in our Region. The week ending 8/9th November saw the Global 'Akhandā' Bhajans being carried out in various Centres throughout the Region. Some were held for the total 24 hours duration and some were for a part of the 24-hour period. All sessions were well attended by the Region's members. Ladies all gathering together at Centre level and carrying out a variety of activities celebrated 'Ladies' Day' in the Region. One of the reports is included next:

Ladies' Day Wolverhampton

We celebrated Ladies' Day on Sunday 16th November between 2pm and 6pm. 17 ladies and two SSE children attended.

The day started with the chanting of the '108 Names' and a one-hour Devotional Singing / Bhajan Session (the songs were sung by ladies who do not sing regularly and the devotional songs/bhajans were picked out from a hat, which gave them a tremendous

drive to learn the song and sing it enthusiastically!)

Then came speeches by four ladies, who had recently visited Prashanti. This was done to give them the confidence to speak in public or to a Centre audience.

A 'Study Circle on Service' followed, where a short clip was shown on Swami doing service work. Discussions were then held on the importance of Service, the pure feelings we generate by giving Service. Those who already regularly visit the Beacon Centre, a residential house for the Blind and Elderly, then shared their experiences. Discussions ensued on what other activities we can offer for elderly ladies who are reluctant to visit places such as the Beacon Centre due to their lack of English fluency.

The day ended with Arathi, the Sarva Dharma prayer, the Food prayer, and then the sharing of the food, which was brought by all who came. Love is sharing.

The feedback was very good. Everyone enjoyed all the activities and sharing their thoughts. It was arranged for ladies, having the idea in mind, that a day like this will give ladies who don't do such things regularly, more confidence to sing and/or speak.

The Main event of the Region's past month was its celebration of Swami's birthday. This was celebrated in two locations in the Region i.e. Leicester and Coventry. Both the events were well attended and lot of positive feedback of the day was received from those who attended. These are the Region's 83rd Birthday Celebration reports by various writers:

Northampton:

On a cold winters day, Swami's birthday was celebrated in Northampton on 30th November, in a rather different way by the planting of 108 trees in Salcey Forest near Northampton. Devotees from the Region came to take part in this activity; they sang devotional songs whilst planting trees!

Coventry:

The Birmingham, Coventry, Northampton and Wolverhampton Centres jointly held the 83rd Birthday celebrations in Coventry.

The programme started with Vedam chanting by the combined Centres' Youth followed by Group Devotional Singing and then came a Coventry SSE presentation of an item in two halves - the girls enacted a play on the Mahabharata whilst the boys presented a 'Healthy Body, Healthy Mind' item, which included 'Yoga postures', 'Martial Arts', 'Physical Exercises' and finished with a 'Stick Dance' to the Ganesha Gayatri.

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The Wolverhampton SSE girls presented a lovely item based upon story, song and prayer, about St. Francis of Assisi.

We were then fortunate to hear a talk by Karthik Prashanth, who has recently come to the UK, having studied at Prashanti Nilayam in the presence of Swami. He aptly narrated various stories and incidents in line with the theme "Service to Man is Service to God", mentioning huge tasks undertaken during the Gujarat Earthquake, Gram Seva, and various other occasions when Swami has tirelessly worked to serve mankind and confirming that "Manav Seva IS Madhav Seva". The core message that everyone took away with them is how lucky we are to be serving the Lord in His presence, specially serving the needy - no matter how small the need - with selflessness and love.

Dipak and brothers and sisters from Wolverhampton then delighted the audience by involving everyone in the song 'Oh Happy Days' from the film 'Sister Act'.

The audience participation was still to continue when it clapped from the beginning to the end of a stick dance based on a story about Shirdi Sai Baba, performed by brothers from the Coventry Centre whilst 'Shirdi Sai Baba' sat in the centre of the circle with a loving smile! Perdeep, as the brilliant compere for the event, kept the audience entertained with his light-hearted words of wisdom for the whole day, which eventually came to an end with a Bhajan medley, the Birthday song, Arathi, and the distribution of Blessed food/Maha Prasadam.

Leicester:

November 23rd 2008 and four Centres from Region 4, 'Leicester Central', 'Leicester Narborough Road', 'Rugby' and 'Nottingham' came together in Leicester to celebrate 83 glorious years since the earth was given the great gift of the birth of the Avatar Sri Sathya Sai Baba - and it was snowing outside!

It had been quite an exciting journey arranging an action-packed all-day event with a theme based on 'Transformation'. The plan was to involve everyone, young and old, and ensure that they take part in something that they would perhaps not normally be a part of, thus creating transformation by facing new challenges. There were many preparatory meetings and practices that became ideal opportunities for people to get to know each other and work alongside kindred spirits and children from different Centres/Groups in the Region. The result was a lot of fun, a creative event that would also add new building blocks to the foundation of unity and family. Swami's teachings were involved at every point.

The early morning start began with 'Suprabhatam' and then at 11am we began the celebration with a colourful inauguration procession. The vibration in the hall was high with the chanting of the Vedas, followed by devotional Songs/Bhajans sung by a variety of groups dressed in fabulous costumes representing transformation in different forms - Krishna, 'Votes for women' (Suffragettes), monks and many more.

The children were dressed as colourful caterpillars, highly decorative butterflies and multi-coloured flowers skipping round the hall singing their hearts out, showing Nature's transformation. The stage was decorated with the most beautiful rainbow created from silk saris and Swami's Swing was bedecked with an array of unusual flowers and greenery that reflected the rainbow colours. The children's display boards were placed around the hall being a presentation on 'Ceiling On Desires' and these were all surrounded by drawings of amazing butterflies and flowers.

After the warm welcome and introduction, the four monologue plays, one from each of the Region's four Centres, dramatised true stories of transformations in the lives of people from all around the world. The stories were not about Sai Organisation members but about people who have never heard of Swami yet his miracles touch them in incredible ways. Each play was carefully linked by melodious interludes by the orchestra that also helped keep the events flowing along with the help of the Master of Ceremonies - his humour regularly playing games with the audience.

To keep everyone on their toes we were introduced to a variety of historical characters known for their transformation and inspirational effect on others. The audience was given facts by each character and was then asked to identify whom the character was. Mother Theresa and Abraham Lincoln are fine examples of the characters. In fact the children knew more of the answers than the adults!

At regular intervals two large screens either side of the stage then relayed a 'video diary' of members from all over the Region, offering a story about their own miracle or about how they began their personal journey of change, or perhaps offering a Birthday message to beloved Swami.

Whilst all of this was happening a hearty lunch was being prepared that included over 1500 Rotis (fortunately many loving hands make light work from 6am onwards that morning!). Lunch was followed by a gentle introduction, rising to a grand crescendo of a

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fabulous musical presentation by talented Sitar player, Roopa Panesar, and her friends. The guest speaker was Dr Chunmuga Vel. He held a conversation with God on stage, regarding the journey of man to God. Dr Vel spoke many wise words that were wrapped in a warm humour that kept everyone's attention. It was a hard act to follow, yet the humour continued as we were taken to 'Vilapattu'. This was a play about 'The Life of Sai Baba', presented through the old tradition of storytelling. That is, a group of elderly gentlemen (being some of our youth very well disguised by the make-up team!) sitting and discussing Swami.

The day passed so quickly; the snow was been replaced by rain, yet the hall was vibrant and alive. The grand finale arrived with Devotional Singing/Bhajans and all of the excited children in their colourful costumes skip and dance to the front, keen to be by the enormous Birthday cake in front of Swami. The candles were lit, and, amidst an explosion of party poppers, 'Happy Birthday' was sung to Swami.

Swami says that these celebrations are not for him, that a birthday is about us celebrating our birth on the path to God. It is events like these, when everyone gets involved and works hard as a team, that transformation occurs. We are so lucky to be given the chance to be involved, take part - no matter how small that role might be - and have an enormous amount of fun at the same time! From the welcoming team, actors and actresses, technical experts to those who prepare food or show people to their seats, there were many opportunities for involvement and everyone had a fantastic time.

Ramesh Mistry, Chair Region 4

Region 5 Celebrations Akhanda Bhajans

A cold Sunday morning at 6am on the 9th November, saw approximately 50 people arrive for the start of 12 continuous hours of exhilarating and uplifting Devotional Singing /Bhajans in Manchester. We had participation throughout the day from all across the Region, from the Centres in Newcastle, Bradford, Leeds, as well as from the Greater Manchester area, which resulted in a real feeling of love and unity through the singing. Many people felt that Sai Baba was actually in the room with us throughout the programme. As usual, we didn't know where the 12 hours so rapidly went! The altar was beautifully set up and the atmosphere was calm and serene,

allowing us all to focus on Sai Baba. In total about 150 people attended throughout the day.

This was one of the many Global/Akhanda Bhajans held across the Region over the weekend.

A combined Region 5 Ladies' Day and 83rd Birthday Celebration

This was held in Oldham on Sunday 23rd November with the theme being "Love All, Serve All." This theme weaved its way through the programme, starting with the Vedic chanting and opening prayers, and then continuing in a play from the SSE children about the Avatars, Rama and Krishna, who lived their lives spreading the message of love.

A presentation by Arvind Patel entitled "Inspire to Serve" gave examples of service via medical camps held in both the United Kingdom and internationally. The message was that service is not done for God nor is it done to appear in next year's slides, but it is done to help our inner self-transformation. Christine Draper and Grace McNeil then shared with us their experiences dating back to a visit to see Sai Baba in 1984 and how Sai Baba drew one of them to him via her daughter's illness and how Sai Baba answered her letter without it even being posted.

Next, the 'Nritya Jyoti Dance Group' performed a traditional Indian dance depicting the ten various Avatars (fish, tortoise, wild boar etc.) all of whom came to protect the world.

There was, after that, a guided meditation by Jenny Walker, where the audience of approximately 200 people sent love out into the world.

We then had a musical performance from Rakesh Joshi, a local musician, who demonstrated how music is a vehicle for sharing love.

Before cutting the cake and singing happy birthday, Raj Selvakumar talked to us on how we can reach the goal Sai Baba set out for us on his birthday: "My birthday is the day you establish me in your heart." There are seven steps:

- 1) Know everything about Sai Baba.
- 2) Trust Sai Baba (knowledge leads to trust).
- 3) Love Sai Baba - yearn for God,
- 4) Embrace Sai Baba's teachings.
- 5) Ask Sai Baba for things (be careful what you ask for!).
- 6) Serve Sai Baba - become his instrument for love, peace and joy, and...
- 7) ...Thank Sai Baba!

Sanjay Vaja, Region 5 Acting Vice Chair

Region 6

Garlands and flowers festooned the three large pictures of Swami and on the beautiful altar sat three birthday cakes as an offering. Chanting of the Vedas started the programme along with multi-faith prayers. Eddie and Ranjana Appoo then spoke with candour about how they were brought together as a couple with many nudges and hints from that recognisable higher power! They sang familiar tunes set to divine words to accompany their story. The first play of the day presenting the "Collective Human Values Initiative", which the Region has been working on, over the last year, was presented by the youth from Woking. It was about Abraham Lincoln 'walking his talk' and thereby setting an example to those around him.

Duncan Mackintosh, from the Rose Foundation enchanted us with exquisite Rumi (Sufi poet) poems and stories making our hearts yearn for our 'friend' i.e. the Divine, plucking every heartstring ...as he softly played his mandolin in accompaniment.

Viren Patel, the Southampton Group Chair, generously brought some lingam water, which he had been given in Prashanti from the lingam used at the great 'Thousand Moons' Birthday Yagna.

A drop was put in each of the water bottles and shared with all. Lunch was a splendid seated affair at decorated tables and was served by the Folkestone and Farnborough Group members who were a great example in kitchen service. A hundred people had been expected yet more than two hundred attended! ...Swami provided for everyone, of course!

In the afternoon, the Folkestone Youth performed two dances, one was a traditional Nepalese dance and the other represented 'Unity in Diversity'. Lisha Siwa, the R6 Youth Coordinator, her sisters and her friends, mixed a play within a lovely dance, which entranced us all. Then came another sketch, this one from Woking, about what we do with the slugs in our garden... Love, Right conduct and non-violence featured heavily in it!

Duncan continued with poems by Hafiz, another Sufi poet and from Rumi, once again lulling us into a blissful state. At the end, prior to a devotional singing session performed by a group made up of members from across the Region, a young lad of five years old, dressed in a smart little suit, stood upon a table and explained to us how, "I am King of myself", he had attended the Camberley Human Values holiday camp in the summer.

Finally, after Arathi and the Happy Birthday song to Swami and the cake-cutting, just as the regional Spiritual Coordinator was being thanked for all her work, Baba showed his presence by a garland over his picture breaking and falling, sending up a whoop of delight from the hall full of very happy Regional members.

Philippa Malcomson, Chair Region 6

"The secret of the liberation lies, not in the mystic formula that is whispered in the ear and rotated on the rosary; it lies in the stepping out into action, the walking forward in practice the pious pilgrim route, and the triumphant reaching of the goal."

Sathya Sai Baba 15-12-1985.

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The SSSSO UK Website

is to be found on:

www.srisathyasai.org.uk

BISSE

British Institute of Sathya Sai Education

Information on the Sathya Sai Education in Human Values Programme and BISSE's activities can be found on:

www.sathyasaiehv.org.uk

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Sathya Sai Bookshop

The bookshop has a regularly updated website. Please visit it at:

www.srisathyasaibookcentre.org.uk

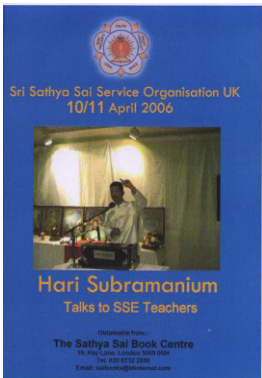
DVDs are often being compiled and released along with new interesting books.

NOTICE:

The Sathya Sai Bookshop will be closed over the Christmas period, from 22nd December to 4th January 2009



A journey into the nine forms of devotion, a truly inspirational; and enlightening afternoon with Hari Subramaniam. "Leaving everything to his will is the highest form of devotion." This is a two DVD set.



Hari Subramaniam, on the 10th and 11th April 2006, spoke in two twilight sessions to SSE teachers in the UK. This is a two DVD set of those talks, the music and the Bhajans and many humour-filled anecdotes.

Love and Light SSSSO UK Diary Dates 2008		
Month	Date	Event
December	12th/13th	Regional Meetings
2009		
Month	Date	Event
January	4th	UKCC Meeting prep for National Conference
January	14th	Change of Office Bearers
January	31st	SSSSO UK National Conference
February	7th	NWC Meetings
February	14th/15th	Regional Office Bearer Conferences
March	1st	UKCC Quarterly Meeting
March	8th	NWC Meetings
March	14 th /15 th	Regional Meetings
April	4th	Joint Regions 1,2,3 & 6 Multi-faith Day
April	25th	UKCC Project Meeting

