



Unified Expression

Dear Readers, Sai Ram!

This issue is packed with reports on gatherings in various Regions to celebrate Maha Shivarathri or Easter. It was wonderful to attend the four Regions' interfaith meeting on April 5th in Birmingham and meet the devotees that came together there in a really lovely atmosphere of openness and enquiry. From there I went to coastal Suffolk and, in an informal atmosphere, was able to meet members who are active, happy and filled with devotion - and they express that devotion in a truly interfaith manner each time they meet.

Preparations for the forthcoming World Sathya Sai Education Conference (WEC) in Prashanti are underway, with our UK educationists meeting later this month to address for ourselves the WEC Agenda and focus our thoughts upon it. Whether an official delegate to the Prashanti conference in July or not, the opportunity to have input and discussion on the same Agenda is available. This month consciously take delight in the simple pleasures derived from singing, praying and offering service where needed.

Love and Light,
Rosemary Perry, National Chair

National Sathya Sai Retreat: "You Are Me, I am You, We Are One"

After a two-year gap, the national Sathya Sai Retreat will be taking place again this year. The dates are the 22nd to the 24th of August. The Retreat will include inspirational speakers, thought provoking and energising workshops, soulful devotional singing and most importantly the company of dear friends from all over the country. The theme of the retreat will focus on Swami's teachings on the oneness of all. Booking forms and detailed information about the retreat will be released to all Centres and Groups shortly, as soon as the planning is finalised. Places will be limited so please make sure you apply early to confirm yours. Looking forward to seeing you in August!

Caroline Vasey
National Retreat Planning Team

Regions 4, 5, 7 & 8 Joint Regional Interfaith Day, Birmingham: 'Many Paths – One Goal'

About 80 people ventured out in hail and snowstorms to congregate in a lovely intimate hall at the Broadway School in Perry Barr, Birmingham, on Saturday April 5th. They gathered there to attend a joint Regional (Regions 4, 5, 7 and 8) interfaith event on the theme: 'Many Paths – One Goal'. Last year Regions 1, 2, 3 and 6 held a similar joint Regional interfaith event near Guildford. Outside the room in the school's inner courtyard, spring flowers stood firm amidst swirling snowflakes, whilst inside - people broke the ice over refreshments and a most welcome hot lunch.

There was a lovely focal point for the occasion depicting the symbols of various predominant faiths and a beautifully draped backdrop for Swami's chair. The programme started with the day's guest speakers lighting the five candles on the lamp. Then each one recited a prayer representing their faith. Uplifting devotional songs followed - really setting the tone for the day.

The compere was Gayatri Despande and she kept everything on track with her introductions. The first speaker was on behalf of our organisation, the National Chairperson, Rosemary Perry. She spoke about the Human Values at the core of Sathya Sai Baba's teachings and how they also underpin and are at the heart of every religion. She also spoke about service, personal transformation, spiritual practice and reincarnation (over 60% of the world's population subscribe to the concept of reincarnation). She wondered if there are indeed many paths or just one that we all walk in slightly different ways - and the goal does not need to be thought about but will automatically materialise if we walk it correctly.

Adam Price, a doctor and Cambridge graduate, spoke about Christianity. He emphasised the powerful story-telling aspect of the Bible in both the Old and New Testaments. He gave an overview that brought the epic story alive and reminded us

of the vibrant nature of Jesus Christ. He also wove in stories from his own life as a doctor. Our next speaker, Robert Black, spoke about Buddhism giving a background to the three main traditions. He gave us insight into the basic tenets, the four noble truths and the eight-fold path.

Next was a charming PowerPoint presentation, 'The Cracked Pot', that beautifully illustrated that what we might view as faults and mistakes might be something really beneficial when viewed from a different perspective.

Khalik Mir represented the faith of Islam, talking about the love, tolerance and brotherhood contained in the Koran. He explained that the Muslim's spiritual path is a way of life including cleanliness, charity and fasting.

Pavitir Reyat, a Sikh, told us all about Guru Nanak, the founder of the Sikh religion and about the Holy Scriptures, the Guru Granth Sahilo. The Gurdwaras offer service to the community and provide food for any in need. The Sikh commitment to high moral conduct is embodied in the 'Khalsa' – uncut hair / carrying a comb / wearing a bracelet / wearing under shorts to replace the dhoti and the carrying of a dagger.

Gulab Mistry, with the aid of a PowerPoint presentation guided us through the chronology of Hinduism and its practices. He spoke about the ancient truth that is the foundation of this religion. He explained that the word 'Hindu' comes from the name of someone living near the River Sindh – a 'Sindhu', which became shortened to 'Hindu' over time.

After a short break, we reconvened to enjoy a 'question and answer' session with a panel made up of the speakers along with the National Spiritual Co-ordinator, Raj Selvakumar and a marvellous Indian lady who is a Christian Canon and wore a sari with a 'dog collar'!

Jey Sivaloganathan, former Chair of Region 7, directed proceedings and posed the questions (submitted by the audience earlier). He managed to elicit in-depth answers with all the various facets clearly demonstrated.

Bharat Sisodia, Region 5 Spiritual co-ordinator, rounded up the day prior to some stirring multi-faith songs. The last song had everyone standing and singing in unison, 'We are one in the Spirit'. The day finished with each person wishing his or her neighbour, 'May Peace be With You'.

**Submitted by
Ramesh Mistry, Chair Region 4**

Youth

Youth Articles wanted...

Sai Teachings and Modern Life

Have you logged on to the new look Youth website: www.saiyouth.org.uk? Log in to find out more information about various activities taking place across the UK. The website is also being developed as a tool to help youth with resources to organise events and activities. It will also be a central portal for sharing knowledge and experiences as it further develops.

Every month we shall be running articles written by youth, for youth, on various topics. These articles can cover a wide range of issues, activities and service projects that you have been involved in. We will run a monthly competition where the most interesting articles submitted will be posted on the Sai Youth UK site and published in the next 'Love and Light'.

For the first article – we are looking for submissions by youth on the following topic. You can tackle this question in whatever way you want and make it as long or as short as you like.

'How would you apply Swami's teachings to solve the spate of gun and knife crime that is taking place across the UK among teen youth and young adults. How can spiritual values be useful in solving this problem?'

If you have other Sai Youth related experiences that you wish to share with us – and you are a keen writer – please email us at admin@saiyouth.org.uk. We are also looking for submissions of interesting study circle topics you have discussed and their outcomes – to share across the UK.

We look forward to hearing from you!

**Mathan Arulvel, National Youth
Co-ordinator, for the Website team**

'Grand Designs' Meets

'Ground Force' at the Sathya Sai School Leicester!

On many an occasion Swami tells us that service must start at home in our own society and country. We often talk about 'Nation-Building projects'. It was only recently, when I visited the Sathya Sai School in Leicester, that I realised that today's children will build tomorrow's nation for us, if given half a chance. The Sathya Sai School gives them the foundation to do this.

For those Youth and Adults who don't know how to help, or feel "I want to help, but don't have the opportunity", our loving Mother Sai,

Please use your initiative to distribute this monthly newsletter as widely as possible to all devotees and interested parties.

has given us yet another wonderful opportunity!

There are many areas in the school that need improving, repairing and decorating.

This year the Youth Wing has embarked on a project to renovate a number of areas of the Sathya Sai School in Leicester.

OK - maybe not 'Grand Designs' ...but the ambition is grand! This is our chance to build a better nation, by providing something special for the children at our Sathya Sai School.

Swami has said, "The educated man must realise that he has more obligations than privileges, more duties than rights. He has to serve the society amidst which he is placed..."

For all those budding designers, gardeners, builders, property developers, and the simple labourers, this is the opportunity of a lifetime, to fulfil those obligations and duties that Swami has bestowed upon us. In the true style of all those TV programmes, 'Grand Designs', 'Ground Force', 'Changing Rooms' and 'Property Ladder', we have only a few months to make this happen.

So how can you help? Well, we need designers, gardeners, builders, property developers and labourers (!) and we need resources and contacts that can help us achieve this ambitious project. All of this is to be completed ...by the end of July.

The culmination of this project will be in the summer of this year, when we complete the work, in what can only be described as a two-week episode of 'Changing Rooms'.

For further information on how you can help, contact:

Jaymini at: saischool@saiyouth.org.uk.

Jaymini Visrolia,

National Youth Coordinating Committee

www.saiyouth.org.uk

Region 1

SSSSO UK Convenors behind bars... (Just what we have all been waiting to hear...)

A small team from R1 were behind bars in Brixton Prison on Easter Sunday when they took part in the religious service that is regularly held there. A large number of inmates attended. After the service, Easter eggs were distributed to all the inmates and to the officers.

(This reminds us of Prashanti, even though we are not absolutely pure in Mind or Heart, yet somehow, we too, are given Prasadam to take away).

After a 'debrief' by Father Howard, we were then given a guided tour of the wings in Brixton Prison.

ukccnews@hotmail.co.uk

Although we were still dazed by our experiences and the amount of work being done on the wings by the other volunteers/groups we decided that it is time for R1 service volunteers to move in!

We are hoping to attend the service on a monthly basis and work on the wings along with the inmates on a weekly basis.

We have seen and learnt some important lesson on prison wings.

The biggest of all, 'Never take your freedom for granted'.

And from reading Swami's teachings and books - listed below are some of the actions that we can look at more deeply, rather than just merely reading about them; otherwise we could be paying a very big price for giving in to them.

"Control our anger, control our mind and control our tongue."

In all, it was a morning of reflection on "How lucky we are to have someone, somebody to guide us on our path from what is wrong to right," and, "How we can make this life a better vehicle to travel in".

Our thanks too, go to Father Howard and his team for their invisible work behind bars.

Thanks to our divine Lord who has given us this opportunity to serve and to learn.

Robin Bhukhureea

Merton Centre:

LOTUSS Students' Exhibition Together with the Annual Youth Reunion

On the 5th April 2008, Merton Sai Centre held their Annual Youth Reunion, together with the opening of an exhibition produced by the LOTUSS students of Merton Sai Centre entitled 'Summer Showers 1990 - A Walkthrough', which had been made open to Group 3 and LOTUSS students and teachers across Region One.

The evening included talks from former SSE students and Youth along with speeches from Mrs Karunes Ratnasingam; the Central Coordinator, Ishver Patel; former SSE student, Cllr. Rohan Yoganathan; and Mahesh Narayan along with presentations from the LOTUSS students.

Ishver also held an interactive session with Youth, LOTUSS and SSE students before opening the exhibition and speaking to the LOTUSS students who had created the exhibition.

Over 100 people attended the function including some past and present UKCC members, and with Bhagavan's grace, the evening was a success. The exhibition will also be open to the public for another 2 weeks. Both articles submitted by

Raj Rajasingam, Chair Region 1

Region 2

Maha Shivrathri Celebrations

Maha Shivrathri literally means "The Great night of Shiva". It is one of the holiest nights of the year dedicated to the worship of Shiva, who, for the sake of humanity, swallowed the poison, which emerged from the ocean. Shiva is the supreme consciousness, which illuminates the three states of waking, dreaming and deep sleep.

This year's Region 2 Maha Shivrathri Celebrations was a joint affair conducted by both Greenford and Wembley Sai Centres. Greenford and Wembley have been conducting this celebration for the past nine years and this year it was decided to join forces to make it a Regional celebration so that more devotees could benefit from the prayers. This proved to be a good decision as the event drew more than four hundred devotees from right across the Region throughout the night.

As devotees came through the door they were given a ticket for selection to sit in the prayers. At eight o'clock just before the prayers were to begin guidance from Swami was sought and the number was drawn. Number 181 was the fortunate number. The devotee selected was courteously reminded that the offering of the prayers would be not only on their personal behalf but also on behalf of all present.

The devotees were encouraged to participate in some of the familiar verses recited for the glorification of Lord Shiva as this helped in maintaining the concentration and creating the positive energy that filled the hall.

With the oblations to the lingam finished, every devotee in the hall came forward, one by one, to offer flowers and 'bilva' to the lingam.

Women on one side and men on the other were ushered in single and orderly file so as to maintain the tranquillity and sacredness. Offering bilva leaves to the Shiva Lingam signifies the fourth state of consciousness, *turiya* – which is the awakening of the individual.

The programme continued with non-stop devotional singing up until twelve thirty. The bhajans were meticulously prepared and arranged so as to preserve and intensify the energy.

The night ended with the closing prayers and Arathi followed by the distribution of Prasadam.

Shivrathri is especially auspicious for winning the battle between good and evil, right and wrong, poison and nectar and death and

immortality within us. May our beloved Lord bless us and help us sanctify our lives with every breath in constant remembrance of His Omnipresence.

Om Namah Shivaya.

Senthil Kumarathevan

Region 2 Spiritual Co-ordinator

Sathya Sai Inner Self

Awareness Programme

Region 2 were introduced to a mind expanding, thought-provoking and eye opening course facilitated by a team of professionals through the Sathya Sai Inner Self Awareness Programme.

The two-day programme crossed the boundaries of relationships, feelings and raised the awareness of being an individual within a world of multi-faceted people all of whom have the same essential make up of being a true divine being.

The Region 2 Centre / Group Chairs and Executive Committee formed a stronger bond with each other and throughout the full 48 hours found out a little more about each other and a lot about themselves. The Sathya Sai Inner Self Awareness Programme is a programme of self-development, through a series of workshops and exercises, within the confines of an honest and confidential forum. We shared a lot of laughter, some tears and a huge amount of joy, which brought us all together as individuals but also as one united team.

As each day now passes, there is a feeling of warmth and love towards every person, acceptance of the circumstances / events we are currently facing and an overall feeling of joy - of being able to move forward with a clear vision.

The course is an essential recommendation for all of us, so take up the challenge of beginning your journey by completing the SSISAP.

For further details of this programme please

contact: Ram Thiagarajah on:

ramthiagarajah@hotmail.com

or

Raj Selvakumar on:

rr.selvakumar@btinternet.com

Satesh Melwani, Chair Region 2

Region 4

Mahashivaratri Celebrations

Birmingham

Although the start of March saw cold days and bone-chilling winds from across the pond, one day however proved otherwise.

That was when our Centre celebrated Maha Shivrathri on the 7th (albeit it was on the

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6th). The evening was of course started by invoking Shiva's loved son Ganesh followed by mantras and a lingam puja with flowers and 'Bili' leaves participated in by all present, from the youngest child to the most elderly person. Thereafter, came high energy Shiva bhajans sung by the devotees and after a short break, more compelling Shiva bhajans. The evening was concluded with Arathi and the sharing of Prasadam, which consisted of both fresh and dry fruits, and no Maha Shivrathri is complete without a dose of the 'bhang', which was prepared in a harmless manner without its intoxicant trait by one of Shiva's ardent devotee.

Everyone present felt not only warm but also seemed to be glowing and brimming with love and happiness, a sure sign that our beloved Swami did grace our occasion.

Coventry

The Sai Centre of Coventry held their Maha Shivrathri programme from 7.30pm - 11.00pm on 6th March. About 100 devotees attended it and the feedback we have received is that it was an excellent programme.

We were thrilled that the Region 4 Spiritual Co-ordinator and a few other distinguished guests from Birmingham attended our function.

It began with Vedam chanting for around one hour and 15 minutes, followed by Lingashtakam, Bilvastotram, Vishwanatha Ashtakam, Shiva Ashtakam and Sai Shiva Stotram. The Shiva Taandav Stotram that followed was sung with great gusto and to a live musical accompaniment consisting of keyboards and several western drums.

Then, as melodic singing / chanting of Lord Shiva's glory was taking place, the gathering were given the opportunity to come up to the stage and perform abishekham of the lingams present.

Next came Bhajans sung in the usual fashion. Finally, a Medley of Bhajans was seamlessly sung and really lifted the whole atmosphere. The evening concluded with Arathi. Several months of practising had taken place for the contents of the whole programme, in order to raise the level of harmony and vibration. The participants attending the practices thoroughly enjoyed these sessions and looked forward to the days on which they were being held.

We thank Swami for making this all possible.

Rugby

The venue for Maha Shivrathri 2008 was the 'Sikh Social and Welfare Association' and the celebration was held from 7pm until 9pm. The shrine was very beautiful, with Swami's photo

on the left side and the chair on the right side, with Lord Shiva's statue in the centre. A Shiva lingam, with a snake around it, was also kept in the middle.

The programme started with the chanting of three Aums, the Ganesh stuti, the Gayatri Mantra three times, the Shiva Gayatri five times, the Triyambhakam Mantra five times.

This was followed by the continuous chanting of the Lingashtakam, while the devotees performed a milk abhishek to two small Shiva lingams - one for men and one for women.

This was followed by a play performed by the SSE students on how Lord Shiva got his blue neck. The play included a Shiva bhajan and a dance by two girls to another Shiva bhajan. All the SSE students [11] except the new nursery student took part. This was followed by more bhajans by the adults. The evening concluded at 8.50pm with the normal closing prayers and Arathi.

Easter Celebrations

'Brotherhood of Man, Fatherhood of God'

Leicester Central Centre was transformed into a church on Easter Sunday as the Centre and members of the local Parish celebrated Easter together. The Centre was fortunate enough to have Father Stephen and members of his congregation join them on this holy festival and they presented a fantastic dramatisation of the last days of Christ. The dramatisation highlighted the key moments leading up to the crucifixion and had the audience mesmerised for the duration of the presentation. Thereafter, Father Stephen explained the significance of Easter for Christians and he beautifully explained the significance of the Easter egg (one half represents God's promise to us and Christ came on earth to help us bring together the other half which is our promise to God - together the two halves make up the whole egg). The service continued with a number of unison songs and talks on Easter from the SSE students. All in all, by celebrating Easter with members of the local community, we were reminded about the common truths that exist between the different faiths and really felt the Brotherhood of Man under the Fatherhood of the One God. Lastly, all the Centre members were invited to light a candle in prayer which is a beautiful devotional practice in which many millions of Christians the world over have found inspiration and reminds us that when we leave the place of worship our souls never leave the presence of God. We certainly felt that after this special Easter service.

Birmingham Centre

The Centre's Easter Celebrations were held a week earlier than its actual date. The SSE children gave a talk on the significance of Easter and its true meaning. It was clear that Easter is the day in which Christianity recognises and celebrates the resurrection of the Lord Jesus Christ. And the day is no less meaningful. It was said that Jesus Christ is God Himself, manifested in flesh through an immaculate conception in Mary. He knew who he was and what his purpose was: to offer himself as a sinless sacrifice, which would atone for the sins of mankind. After the Passover in approximately 30 A.D., Jesus was betrayed and crucified by the Romans, and then he was buried in another man's tomb. Three days later he rose from the dead and was seen by numerous people for a span of 40 days.

If there had been no resurrection, it is said, then there would have been no hope of salvation. It is not so much the word 'Easter' that holds the significance, but it is what that day celebrates: i.e. that Jesus is alive, glorified and has sent forth his own Spirit to be poured out on humanity, just as our very own Swami pours forth his teachings.

The Centre had also invited a lady member of the clergy to mark Easter. Canon Jemima, a Vicar in one of the toughest and most multi-cultural inner city parishes in Britain re-emphasised the meaning of Easter already mentioned and the significance of Easter Eggs etc... Symbolising a new birth, a new start, and the turn over of a new leaf and let's move forward to our beloved Swami's worldly quotation, 'Service to Man is Service to God' Yet the actual start of Easter this year saw even more inclement weather. This did not deter the Centre from celebrating Good Friday by holding bhajans at a Home for the Aged known as 'The Gulab Ashram', thereafter to a light snack prepared by the devotees for the sole purpose of it being shared among the residents. It can just be assumed that one's mind could not help thinking of the 4 basic Hindu goals – Dharma, Artha, Kama and Moksha and the ultimate wish to merge into our beloved Swami.

The Centre has been holding Easter Bhajans at the Home for the past few years and in that time sadly has seen residents come and pass on to the Creator. This has indeed helped many devotees to strengthen their Sadhana and faith in our beloved Swami that after expiry of this life we become one with him.

**Submitted by Ramesh Mistry,
Chair Region 4**

Region 6

Annual Conference

The day was entitled "Stepping out in to Action - Walking Forward in Practice", just the same as the UK National Conference's theme. The Southampton Group hosted this on February 24th. The day started with the Southampton Group chanting Vedas, which filled the pleasant hall with scintillating energy. Viren Patel, Southampton Group Chair, who was the compere for the day, welcomed us all and introduced Philippa Malcomson, the Region's Chair who then gave a PowerPoint presentation of the Region's activities over the past year, many were surprised at the amount we had accomplished. Also the National Conference's film, that contains extracts of highlights from the various national activities and achievements of 2007, plus short interviews with all the Regional Chairs, was shown.

Bahnoon Agnew, R6 Spiritual co-ordinator, presented the spiritual programme for the coming year, with the national Human Values initiative to be collectively practiced by every Centre and Group, by having a value to study each month, by practicing and sharing trust in each other, as would a family with all its achievements and slip-ups!

A river trip is planned for June and a Multi-faith day in Folkestone in May. Ann Watts came next and explained how the Taize Centre in France was born and she then led and accompanied us in some of the heart filled and deeply yearning chants most appropriate for Easter, that brought tears of emotion to many eyes. The new R6 Service Co-ordinator, Beverley Kissoon, shared Swami's vision of service with the aid of PowerPoint. Though new to her post she has already visited many Groups making sure that they feel supported, inspiring them to join with other groups to share service activities, such as blood donations, helping with outings for the elderly and feeding the homeless. Graham Cailles then spoke of the power of chanting the Vedas for our own betterment and has offered to coach those who would like to learn some simple ones. This took place on March 29th.

After a delicious lunch provided by the Southampton Group we were treated to two beautiful dances by three ex-SSE girls, one was dedicated to Krishna and the other to the well-known Shiva bhajan, 'Dimika Dimika Dhim'.

SSE students sang and explained a morning prayer, the Gayatri mantra, and the representation of divinity in different areas of

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the hand. Sri Kandiah summarised the day in an interactive session during which we were quizzed about the salient points presented during the day.

Heart-stirring Bhajans finally filled the room with the promise of Regional unity and enterprise, so bringing to an end this well attended day.

Philippa Malcomson, Chair Region 6 The Values are Alive in Region 6!

It is a privilege and a pleasure to serve as Spiritual Co-ordinator for Region 6. Sitting on the national Spiritual Wing Committee has always been a great opportunity to share knowledge and experiences and to learn and grow further.

Region 6, spread far and wide with small pockets of people each with strongly held convictions about how things should be done and run; has through all of this manifested some amazing souls with their spirituality laced with subtlety and great light. To further enhance this good work and to bring about greater bonding and deeper love amongst us, Region 6 has undertaken for 2008 a 'Collective Personal Transformation Programme'.

It is well understood and tabulated scientifically (and indeed well publicised by the late Maharishi Mahesh Yogi) that spiritual activity, undertaken collectively, produces a greater, deeper, amazingly powerful vibration that will - without fail - positively affect the immediate community and environment.

To this end, Region 6 began the 'Human Values Growth Initiative' on 1st March 2008 with the value of Truth. We start with ourselves and then everything else will fall into place beautifully!

The aim of this collective initiative for Region 6 is:

1. To create further awareness in the individual.
2. To effect change and transformation in ourselves both as individuals and collectively when we do it together simultaneously.
3. To develop excellent listening skills and a non-judgemental way of being.
4. To create awareness and the time and space to understand, and then practise 'CIA': 'Constant Integrated Awareness'.
5. To give Swami a sweet and delightful birthday present this November 2008: all of our personal transformation

Starting on the 1st of each month, each Group, Centre and individual member aims to study and live out the 'Value of the Month' in every second of each day for the whole

month until November when we offer it all to Swami:

1 st March	Value of Truth
1 st April	Value of Right Conduct
1 st May	Value of Love
1 st June	Value of Peace
1 st July	Value of Non-Violence
1 st Aug	Live out all the 5 Values

For September's and October's activities:

Each Centre and Group will creatively put together a story line based on personal experiences, inspiring insights, pain, resistance if any, growth and the learning from the past six months of perpetually living the values. Add costumes and props and you now have a scenario, a story line, and a play for Swami, for his birthday, based on true happenings.

This will be shown at the Regional Birthday Celebration Day on Sunday 23rd November this year.

Group and Centre chairs will be advised of the precise date very soon. Please can all groups and centres in our Region plan to be present on this most auspicious occasion of Unity and a Celebration of our collective growth.

**Bahnoon Agnew,
R6 Spiritual Co-ordinator**

Sathya Sai Bookshop

The bookshop has a regularly updated website.

Please visit it at:

www.srisathyasai.org.uk

DVDs are often being compiled and released along with new interesting books.

The SSSSO UK Website

is to be found on:

www.srisathyasai.org.uk

"When one accuses you and if you do not respond to it in like manner, but ignore it, the accusation returns to the accuser like a registered letter which the addressee declines to accept... You should not be concerned with the goodness or badness of others. You have to entertain good thoughts and direct your mind towards God."

Sathya Sai Baba

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Reminder

On the devotional path following the teachings of Sri Sathya Sai Baba, please always be aware and use your discrimination. Swami has no intermediaries nor does he need them. So be cautious of any who proclaim that miracles occur around them or that Swami speaks through them. Eliciting or collecting money is not a part of the journey with Sai Baba either.

BISSE

British Institute of Sathya Sai Education

Information on the Sathya Sai Education in Human Values Programme can be found on:

www.sathyaiahv.org.uk

Love and Light SSSSO UK
Significant Diary Dates 2008 please ask your Centre or Regional Chair for details

Month	Date	Event
April	19 th	National UK Pre-Conference for SSS World Education Conference
April	27 th	Additional UKCC meeting
May	23 rd - 26 th	SSLTP Outward Bound weekend in Hampshire
May	31 st	UKCC Quarterly Meeting
June	7 th	NWC Meetings
July	5 th or 6 th	(SSE) Regional Family Values Days
July	12 th	Additional UKCC meeting
August	22 nd - 24 th	National Retreat Stourbridge
September	6 th	UKCC Quarterly Meeting
September	13 th	NWC Meetings
October	11 th - 12 th	UKCC Vision Weekend
October	18 th	National Spiritual Day
November	19 th	Ladies' Day
November	23 rd	Sri Sathya Sai Baba's Birthday
December	6 th	UKCC Quarterly Meeting
December	13 th	NWC Meetings