

# Love and Light

SSSSO(UK) - monthly update



9<sup>th</sup> April 2005

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## Greetings from Bonnie Scotland!

Dear Friends -

Sai Ram... as this 2<sup>nd</sup> edition of 'Love & Light' arrives, I should have just landed at Glasgow airport and be taking the 'High Road' to Dundee to meet the devotees of Scotland.

Thanks to all of you who sent feedback on the first edition of this newsletter, this is much appreciated. We hope you will enjoy reading this month's articles.

Shobhna Patel, UK Chair

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## Welcome Back to...

Air Chief Marshall Suri, who has just come back from India. Those of you who were fortunate enough to hear his words of wisdom around the UK during 2004 will be pleased to know that ACM Suri will be speaking at various events around the green, green pastures of UK in 2005 - watch this space!

## 80th Birthday Programmes in Prashanti...

Prashanti Council have sent out details on what programmes and events will take place in the lead up to our Beloved Bhagawan's 80th Birthday. Details of these events have been sent to your Centre/Group Chairs to read out at the meetings.

UK Council

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## Sathya Sai National Interfaith Forum

### "Music for the Soul"

Sacred Music in Religion and Spirituality  
Saturday 28<sup>th</sup> May 2005, 12.00pm - 4.00pm  
at Conway Hall,  
25 Red Lion Square,  
London WC1.

The programme has been specially created to go beyond neighbourhoods, cultures, religions, and ideological boundaries. Through this musical event, we hope to encourage each person to expand their definition of who we are as members of one community.

If you need any further information please contact  
Rita Chudasama - ritashitu@hotmail.com

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## Pope John Paul II

Saturday 2<sup>nd</sup> April 2005 was a day when the world came together to share its tributes to Pope John Paul II who passed away peacefully. During his 26 years in papacy, the pontiff brought happiness and GOD back into the lives of people around the world. He achieved his work through his belief and faith in GOD. During his visit to the UK in 1982, the pontiff travelled widely to meet the people, irrespective of their faith. He inspired those he met including HM Queen Elizabeth II. The Pope was given a Requiem Mass yesterday in a beautiful outdoor ceremony.

UK Council

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## BISSE

### Good Values Club Performs at Leicester City FC

March has been a busy month for children from the Good Values Club in Leicester. On Friday 11<sup>th</sup>, ten children aged between nine and eleven performed a series of multicultural dances to an audience of around a thousand people at the Walkers Stadium, the home of Leicester City Football Club. The event was part of a celebration to mark International Women's Day, and was attended by the Rt. Hon. Patricia Hewitt, Secretary of State for Trade and Industry and MP for Leicester West.

Around 150 children now attend the Good Values Club, which takes place in Leicester on Saturday mornings.

### Canada Welcomes SSEHV Training

From 21<sup>st</sup> March to 3<sup>rd</sup> April, Director of BISSE, Carole Alderman, along with BISSE Area 4 Co-ordinator and Lead Trainer, Michele White, paid an official visit to Canada at the invitation of the Sai Organisation there. They were taken on a tour of the Sathya Sai School, Toronto, where they observed EHV lessons, visited every class and interacted with the alert children who study in a peaceful, loving atmosphere.

Carole was one of 4 Speakers at a public meeting of educationalists, where she made a presentation on 'The British Experience and Success of SSEHV'.

The two ladies ran an intensive 4-day workshop with 100 participants, one quarter of whom were teachers from all over Canada. It was highly regarded by all.

Carole delivered more talks to Centres, where she spoke of her personal experiences with Sathya Sai with reference to SSEHV. [sathyaiaehv@dial.pipex.com](mailto:sathyaiaehv@dial.pipex.com)

## Sai Spiritual Education

The majority of the children all over the UK are busy preparing for Easwaramma Day celebrations to take place in early May.

The children in Group 3 year 3 are working on their final practical project – well done to all those children. We look forward to receiving your completed entries.

**Please help...** we are still interested in hearing from experienced and dedicated teachers that have been teaching and developing SSE within UK for a number of years to be a part of the National Examination & Training Board. If you would like further information please contact **Sharmila Parikh** (c.parikh@tesco.net) National SSE Coordinator

“Youth alone can transform Youth “  
Sri Sathya Sai Baba

## News from the Youth Wing

### First NYCC Roadshow

The first National Youth Coordinating Committee (NYCC) Roadshow took place in Region 5 on Saturday 12th March and was a resounding success! Youth took part in motivational games and activities that were both fun and stimulating. Presentations were given on projects that are currently on offer to all UK Youth of the Sri Sathya Sai Service Organisation (UK) e.g. SSLTP, Sathya Sai Technology and Arts, National Youth Choir amongst many. Regional Youth Coordinators across UK entertained the youth with motivational exercises and inspirational talks on the grace that is bestowed upon Sai Youth who sacrifice their time and energy to do Bhagavan's work.

Any youth reading this should make the time to attend the NYCC Road show when it hits their respective Region... it really will be worth their while!

### Desperately Seeking ...

...Youth/Devotees who have experience in Quark or any other Desk Top Publishing (DTP) package. Skills required for a new exciting Youth project for 2005. Also required are Youth/Devotees with journalistic and writing talents. If you are interested please email Shitu.

### Points of View

Impressed, frustrated or just confused? The National Youth Co-ordinator invites comments from any Youth who have a passion, drive or are just enthusiastic about developing or expanding our National UK Youth Wing. So why not send in your Points of View or suggestions to Shitu.

“O Romeo, Romeo, wherefore art thou Romeo?”

National Youth Coordinating committee seeking A-level or Degree level English Literature students/graduates any age, who are interested in Shakespeare. Please contact Shakespeare on ritashitu@hotmail.com

**Shitu Chudāsama** (ritashitu@hotmail.com)

National Youth Co-ordinator

## Satvic Foods at Sathya Sai Schools

The Sathya Sai School in St Andrews has 30 pupils. The school in Leicester currently has 26 pupils on the roll. The school's most recent government inspection (OFSTED November 2004) was a great success.

Amidst a flurry by Government to put money into healthier school meals (partly stirred by dynamic young chef, Jamie Oliver) it is good to know that both the Schools are vegetarian and insist on only the healthiest of foods at meal times.

For further information, contact **Ravi Manchanda** (Ravi.Manchanda@the1group.com)

“Mind is born of the food you take. As is the food, so is the mind.”

Sri Sathya Sai Baba

## Diary Dates 2005

**UKCC Meetings:** Quarterly

**National Wing Meetings:** Quarterly

**SSE Activities:** National Teachers' Day: 17<sup>th</sup> July.  
'Train the Trainer 2005' now 24<sup>th</sup> April and 8<sup>th</sup> May

**SSEHV National Day:** 17<sup>th</sup> September.

**National Sathya Sai Retreat:** 19<sup>th</sup> – 21<sup>st</sup> August.

**Interfaith Days:** 28<sup>th</sup> May; 10<sup>th</sup> September;  
10<sup>th</sup> December.

**Isle of Wight Satsang, Ryde:** 18<sup>th</sup> September

### BISSE Activities:

Values Alive Events:

30<sup>th</sup> April, Hove, Sussex

31<sup>st</sup> May – 3<sup>rd</sup> June, Broadstairs, Kent

24<sup>th</sup> – 27<sup>th</sup> July, Shrewsbury

Sathya Sai Values in Parenting,

Four Saturdays 16<sup>th</sup> and 30<sup>th</sup> April, 7<sup>th</sup> and 14<sup>th</sup> May, Croydon

24<sup>th</sup> – 27<sup>th</sup> July, Shrewsbury

SSEHV 8-day Training:

21<sup>st</sup> and 28<sup>th</sup> May, 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> June, 2<sup>nd</sup>

and 9<sup>th</sup> July, Croydon

Teacher Training Day: 6<sup>th</sup> July, Maidstone, Kent